



TOP HEALTH
— DOCTORS —

VASECTOMY, A MAN'S CHOICE

Vasectomy is a form of male sterilisation. It negates the need for condoms for birth control, but does not prevent sexually-transmitted disease.

How does it work?

It involves a simple surgical procedure that removes a part of the sperm carrying tubes. To begin with, a local anaesthetic is administered to numb the area. Then a minute incision is made in front of the scrotum for the relevant tubes to be cut and tied. It is a same-day procedure and can be done entirely in your doctor's rooms. There will be a small scar after the procedure which will fade over time.

For a few weeks after, your ejaculation may still contain sperm. Your doctor will check your sperm count monthly until it is clear.

When can you resume normal activity?

Depending on your job, you may return to work a day or two after the procedure. You may resume sexual activity when you feel comfortable to do so. Your sexual activity and its enjoyment should not be affected by the procedure.



p 07 3255 1208

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How much does it cost?

Kindly enquire with Top Health Doctors' friendly team about out-of-pocket fees and the Medicare Rebates applicable.

Is a Vasectomy safe?

Vasectomy is a safe procedure. However, as with all medical procedures, it does carry a risk of complications. These potential complications are infections, bleeding, bruising, scarring/granulomas, drug reactions and post-vasectomy pain syndrome. Occasionally the procedure may fail due to the tube spontaneously regrowing and reconnecting over time.

Is the Vasectomy reversible?

While there is a surgery to reverse vasectomies, it is difficult and must be presumed to be not always be successful. Thus, the patient should be prepared for this to be a permanent sterilising procedure.

Who will be performing the procedure?

Your doctor, **Dr. Lee Ong**, is a general surgeon trained and accredited by the Royal Australasian College of Surgeons (RACS), the peak training body for surgeons in Australia and New Zealand. He brings many years of surgical experience to the job, as well as an approachable and compassionate nature.

Please feel welcome to contact our healthcare team if you would like any further information

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